

Ladder Safety Tips

1. Inspect the ladder (rungs and legs) for damage and be sure rungs are clean.
2. Make sure that both legs of the ladder are securely set on solid level ground and that the base of the ladder is moved back about 1-foot for each 4-feet of eave height.
3. Make sure the ladder is secure at the top with both legs pressing against the gutter or edge of the roof. (If you are climbing more than one story up, it would be a good idea to buy one of the U shaped attachments that spreads out the ladder contact points.)
4. Extend the ladder at least 3-feet above the edge of the roof – this will give you a much better handhold as you step onto the roof.
5. Make sure that the bottoms of your shoes are clean and that you will have good grip on the roof surface.
6. Do not go up when the roof or ladder is wet.
7. Use both hands when climbing the ladder.